In 2023, Dr. Mark Wolraich became the first ever recipient of the SDBP Career Achievement Award. Dr. Wolraich’s distinguished research, education, and clinical efforts were deeply intertwined with the early history of the society. In this brief presentation, he will offer his perspectives on that interesting history.

SESSION 1: Moving Beyond “Exploring DBP”– An Opportunity for Further Discussion about the Wild World of DBP!
Elizabeth Barnhardt, DO, Rohan Patel, MD, Colleen Butcher, PhD
The purpose of this session is to expose trainees at multiple levels to the varying careers of practicing physicians and psychologists working with the DBP population. Learners in DBP may not fully recognize the depth and breadth of a career in DBP. For many trainees, navigating the DBP job market can be an overwhelming task. An inter-disciplinary team of presenters will first review the current state of the DBP job market and will explore factors trainees may wish to consider when developing initial career goals and plans for the feature. A panel of DBP clinicians and researchers from a variety of setting will participate in a facilitated discussion on their unique positions followed by break-out groups organized by level of training and/or area of interest to discuss career exploration. Finally, guidance and supported practice in developing a career mission statement and career goals will be conducted.

SESSION 2: Highlights From the Year That Was: Editors’ Choices from JDBP ’23
Lee M Pachter, DO; Editor-in-Chief, Journal of Developmental & Behavioral Pediatrics
In this session, the editors of The Journal of Developmental & Behavioral Pediatrics will present a “year in review” summary of choice articles from the 2023 volume of JDBP, focusing on papers that are relevant to clinical care and state of the art science, including papers from the original science, review and special articles, and quality matters sections.

SESSION 3: Back to Basics: The ABCs of Legislative Advocacy
Hannah Perrin, MD; Jennifer Cervantes, MSW; Dinah Godwin, LCSW; Abigaile McGowen, LMSW; Sally Cohen, PhD; RN; FAAN; Rebecca Lieb, PhD; Megan Goss, MD; Nikki Gambhir, MD; Kristin Sanchez, MD
Engaging in advocacy can be scary and intimidating, but, ultimately, participating in advocacy can be an extremely effective way for professionals to support children and families outside of direct patient care. Learning advocacy basics through attendance at this session will give learners the knowledge (and hopefully confidence) to start the new year off engaging in effective advocacy, whether that be in person during the SDBP Legislative Advocacy Day during the 2024 Annual Meeting in Washington DC, locally in your communities, or through other avenues such as social media, print, etc. Everyone is invited to join us as we advocate for legislation that impacts our field and the communities we serve.
2023 SDBP Early Career Award Recipient: Catherine Lipman, MD

Embracing the Fetal Alcohol Spectrum Disorders Diagnoses

Dr. Lipman will be recognized for her contributions as an early career member in the Society for Developmental and Behavioral Pediatrics. Dr. Lipman’s presentation will focus on the multiple factors that create barriers to diagnosing and managing patients with Fetal Alcohol Spectrum Disorders, including the complexity of diagnostic guidelines, stigma, and marginalization. Dr. Lipman will elucidate on how providers can address and overcome these barriers in order to provide quality care for an under-recognized patient population.

Breakouts- 2:15pm – 3:45pm Eastern  (choose one)

SESSION 4: Navigating the Social-Emotional Aspects of Delivering a New Diagnosis in Developmental Pediatrics including the 5 ‘D’s’: Denial, Disagreement, Despair, De-escalation, and Deterioration!

Kathryn K Ostermaier, MD, Sonia Monteiro, MD; Holly Harris, MD; Dinah Godwin, MSW, LCSW; Sara Shank, MD; Jennifer Cervantes, MSW, LCSW; Nikki Gambhir, MBChB; Annie Kennelly Helms, MD; Elisa Moran, MD; Abigail Murillo, LMSW; Janki Patel, MD; Jennifer Swanson-Zamora, MD; Jennifer Torres, LMSW

Delivering a difficult diagnosis in varied clinical scenarios can be a challenge given that families may react in a number of different ways that can be anxiety provoking for both early career and experienced clinicians. The use of soft skills has been correlated with precision in medical diagnoses and treatment, higher levels of patient responsiveness to treatment, and higher patient trust in healthcare staff. This workshop will consist of a review of soft skills for the delivery of a difficult diagnosis, the use of video vignettes to spur group brainstorming for best practices, and options for a formal curriculum for the participant’s institution. A sample toolkit for these important clinical skills will also be provided.

SESSION 5: Battling the Infodemic of Misinformation Online: The DBP’s role in Improving Health Literacy and Equity in Social Media Spaces

Mandeep Mahal, MD FRCPC, Samuel Soriano; Kristy Roschke, PhD, Ripudaman Singh Minhas, MD MPH FRCPC FAAP

In this interactive workshop, the presenters will discuss opportunities for action in improving how patient families access online information about the developmental-behavioral health of their children.