

SDBP ANNUAL MEETING 2022

SDBP Clinical Symposium: *CBT for Medical Professionals*

This clinical symposium will focus on teaching and practicing Cognitive Behavioral Therapy (CBT) skills that can be incorporated into DBP practice. There will be pre-work to familiarize participants with the concepts of CBT and the symposium will utilize large and small group learning led by psychology faculty to practice specific skills. There will be case discussion to demonstrate applying these concepts to populations like children with ASD. At the end of this symposium, participants should have a deeper understanding of CBT and new skills to try in practice.



SDBP Clinical Symposium
Friday, October 21, 2022 12:30pm - 7:00pm MDT
Sheraton Denver Downtown Hotel
maximum 50 attendees

Faculty:

Psychology: Lindsey DeVries, PhD;
Eleanor Hall, PsyD; Lisa Hayutin, PhD;
Caitlin Middleton, PhD; Michelle Rozenman, PhD;
Paige Trojanowski, PhD

DBP: Rob Keder, MD, Carol Weitzman, MD



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SPEAKERS



Robyn Mehlenbeck, PhD

Dr. Robyn Mehlenbeck is a Clinical Child and Adolescent board-certified psychologist who specializes in working with children with medical conditions, utilizing a family systems approach. Currently, she is a Professor at George Mason University and the Director of the GMU Center for Psychological Services, a clinic committed to training graduate students and providing services for the community. Mehlenbeck also consults at Pediatric Specialists of Virginia, an outpatient specialty clinic associated with Inova Health and Children's National DC. Her research is in the area of pediatric obesity. She is also the past President for the Society for Developmental and Behavioral Pediatrics. Prior to coming to Mason, she was a Clinical Associate Professor at the Warren Alpert Medical School of Brown University and worked at the Hasbro Children's Partial Hospital Program, where she served as the Director of Training. Committed to the Scientist-Practitioner Model, Mehlenbeck engages in clinical work, teaching and research, with a multidisciplinary focus. She has trained medical students, psychology interns and fellows, pediatrics and psychiatry residents and fellows and developmental behavioral pediatricians. Dr. Mehlenbeck has numerous publications and has presented nationally and internationally in the areas of working with children and adolescents with medical issues, pediatric obesity and interdisciplinary training. She has engaged in interdisciplinary training and work across her career, and truly enjoys training the next generation of behavioral health providers.



Nancy Sullivan, PhD

Dr. Nancy Sullivan is an Attending Psychologist at Boston Children's Hospital with over twenty years of experience specializing in the assessment, behavioral and cognitive-behavioral treatment of individuals with Autism Spectrum Disorder and other neurodevelopmental conditions. She is an Assistant Professor in Pediatrics and Psychiatry at Harvard Medical School and Associate Director of the Autism Spectrum Center at Boston Children's Hospital. Dr. Sullivan has worked extensively teaching developmental behavioral pediatric fellows and postdoctoral fellows to assessment of Autism Spectrum Disorder using the a range of measures including ADOS-2. She has expertise in applied behavioral analysis, family behavioral therapy, social skills training, cognitive behavioral therapy and treatment avoidant restrictive food intake disorders. Dr. Sullivan has two adult daughters. She lives at home in Massachusetts with her husband and beloved dog, Lily.