

SDBP ANNUAL MEETING 2021

Half-Day Workshops

Extra fees apply to attend - see registration.

Tentative TIMES

Friday, October 22, 11:30am – 2:00pm eastern (Three Workshops A – C)

Workshop A: Skill-building Workshop on the Rational Use of Psychotropic Medications in Youth

Deborah Winders Davis, PhD; W. David Lohr, MD; Jennifer Le, MD; Bethany Wattles, PharmD, MHA; Dan Arnold, MD, University of Louisville School of Medicine, Louisville, KY; Marie Trace, MD, Cleveland Clinic Pediatrics, Cleveland, OH

Brief Description:

Participants will gain knowledge and skills in decision-making for the rational use of psychotropic medications for children and adolescents. Workshop leaders are a multidisciplinary team of clinicians and researchers including two child psychiatrists, a primary care pediatrician, a clinical pharmacist, and a researcher. The concept of “deprescribing” will be introduced and framed for primary care providers including a description of best practices and review toolkits available to guide this process. Through ongoing interaction with the leaders, participants will work through case studies to determine when deprescribing should be considered and how to initiate, implement, and monitor the process.

Keywords: **Advocacy**, **Clinical**, **Research**

Workshop B: ACEs Aware: a Clinical Toolkit to Mitigate the Impact of Adverse Childhood Experiences, Toxic Stress, and Immigration Trauma in the DBP Setting

Brief Description:

Christina Buysse, MD, Stanford University, Half Moon Bay, CA; Barbara Bentley, PsyD, MS Ed, Lucile Packard Children's Hospital Stanford, Palo Alto, CA; Anne Berens, MD, Stanford University, Palo Alto, CA; Christina O'Halloran, LCSW, MPH, PhD, Lucile Packard Children's Hospital Stanford, Palo Alto, CA; Baraka Floyd, MD, Stanford University, Palo Alto, CA; Belinda Hernandez Arriaga, Ed D, LCSW, Ayudando Latino a Sonar, Half Moon Bay, CA; Anne DeBattista, PhD, CPNP, Lucille Packard Children's Hospitals, Palo Alto, CA; Emily Whitgob, MD, MEd, Santa Clara Valley Medical Center, San Jose, CA

Developmental-behavioral pediatrics (DBP) professionals from all levels and disciplines will learn hands-on techniques to mitigate toxic stress in the DBP clinic setting. An interdisciplinary team will lead the workshop, including developmental behavioral pediatricians, psychologist, pediatrician, pediatric nurse practitioner, social workers, and director of a community agency that supports underrepresented LatinX community members. Workshop leaders will review the Pediatric ACEs and Related Life-events Screener (PEARLS) and will coach participants in hands-on use of brief evidence-based clinical interventions to respond to ACEs, adverse social determinants of health, immigration trauma, and vicarious trauma in the clinic setting.

Keywords: **Clinical**



Workshop C: Race: A Recent Human Invention--Reconstructing Race from a Biological to a Social Construct

Adiaha Spinks-Franklin, MD,MPH, Texas Children's Hospital/Baylor College of Medicine, Houston, TX; Irene Loe, MD, Lucile Salter Packard Children's Hospital/Stanford University, Palo Alto, CA; Tanya Froelich, MD, MS, Cincinnati Children's Hospital, Cincinnati, OH; Jennifer Walton, MD, MPH, Nationwide Children's Hospital, Columbus, OH; Salathiel Kendrick, MD, Children's Hospital of Atlanta/Emory University School of Medicine, Atlanta, GA; Jeff Yang, MD, LA Children's Hospital, Los Angeles, CA; Sadiqa Cash, PhD, Texas Children's Hospital/Baylor College of Medicine, Houston, TX; Hanein Edrees, MD, Children's Mercy Hospital Kansas City, Kansas City, MO; Lee Pachter, DO, Christian Care, Philadelphia, PA; Purnima Valdez, MD, Duke University School of Medicine, Durham, NC; Tahira Adelekan, MD, Dayton Children's Hospital, Dayton, OH; Kate Wallis, MD, Children's Hospital of Philadelphia/University of Penn, Philadelphia, PA

Brief Description:

The purpose of this workshop is to reframe the usage of "race" as a social category rather than a biological entity in clinical practice, research, teaching, and advocacy. Workshop participants will review the history of the invention of construct of race in the United States, discuss how race has evolved over the centuries, and describe ways of operationalizing racism and other social determinants of health (SDOH) in addressing racial disparities in developmental-behavioral pediatric care.

Keywords: **Advocacy, Clinical, Education, Ethics, Research**

Friday, October 22, 2:30pm – 5:00pm eastern (Three Workshops D – F)

Workshop D: Creating Health Equity in Autism Diagnosis and Treatment

Thomas Brasted, PsyD, Hope Central, Bothell, WA; Kendra Liljenquist, PhD, MPH, University of Washington, Seattle, WA

Brief Description:

Health disparities exist in evaluation and treatment of children with ASD for racial/ethnic minority children. Workshop leaders will present ways healthcare providers unintentionally contribute to these disparities through unconsciously held beliefs and introduce the concepts of positionality, cultural humility, and shared decision making as strategies to address implicit biases. In small groups, attendees will explore how understanding one's positionality in relation to other people can buffer against miscommunications that arise in clinical encounters. Attendees will practice applying cultural humility principles through group activities and will be trained in the use of a shared decision-making tool for autism-related care.

Keywords: **Advocacy, Clinical, Education**

Workshop E: Navigating the Alphabet Soup: Charting the Waters of Genetic Testing in Developmental-Behavioral Pediatrics

Steven M. Lazar, MD; Lisa Emrick, MD; Roa Sadat, MMSc, CGC, Baylor College of Medicine/Texas Children's Hospital, Houston, TX; Holly Harris, MD, Texas Children's Hospital, Houston, TX; Sarah Risen, MD, Robert Voigt, MD, Sherry Vinson, MD, Wilfreda Lindsey, MD, Baylor College of Medicine/Texas Children's Hospital, Houston, TX; Sara Shank, MD, Texas Children's Hospital, Houston, TX; Leah Ferrante, MD, Baylor College of Medicine/Texas Children's Hospital, Houston, TX; Janki Patel, MD, Texas Children's Hospital, Houston, TX; Mikael Guzman-Karlsson, MD, PhD, Baylor College of Medicine/Texas Children's Hospital, Houston, TX; Veronica Villarreal, MD, Baylor College of Medicine, Houston, TX

Brief Description:

This workshop explores the role of genetic testing within developmental-behavioral pediatrics. An overview of common genetic tests will lead into a practical guide to genetic testing recommendations with additional discussion of common pitfalls and barriers when ordering and obtaining testing. Case-based moderated small group discussions will expand on skills related to counseling families and interpretation of testing results. Large group sessions will work on pattern recognition and identification of classic neurogenetic syndromes and their neurodevelopmental-behavioral phenotypes. Finally, this workshop will provide further clinical context with a panel discussion involving providers in developmental-behavioral pediatrics, neurodevelopmental disabilities, neurogenetics, and genetic counseling.

Keywords: **Advocacy, Clinical, Education, Ethics, Research**

Workshop F: Beyond Behavior Analysis: An Exploration of Other Strategies For Supporting Autistic Children

Bethany Ziss, MD, AHN Pediatrics, Pittsburgh, PA; Angela Scott, MD, PhD, University of Arkansas for Medical Sciences, Little Rock, AR; Amber Wright, CPNP, PMHS, Oregon Health and Science University, Eugene, OR

Brief Description:

Autism is well recognized as a spectrum condition, yet recommendations for therapeutic strategies tends to focus on behavioral analysis for nearly all challenges experienced by individuals with autism diagnoses. What else is out there and what do we know about other strategies? This workshop will explore the evidence base for strategies ranging from AAC, Social Stories, and DIR/Floortime to modifications in CBT and Collaborative and Proactive Solutions. Participants will apply these strategies to challenges and situations commonly encountered in clinical practice. Add new tools to your array of recommendations based on individual strengths and challenges!

Keywords: **Advocacy**, **Clinical**



Saturday, October 23, 10:00am – 12:30pm eastern
(Three Workshops G – I)

Workshop G: Effective, Efficient, and Ethical Documentation in the Era of Open Notes

Justin Schwartz, MD, University of Alabama, Birmingham, AL; Jason Fogler, PhD, Boston Children's Hospital/Harvard Medical School, Boston, MA; Laura McGuinn, MD, University of Alabama, Birmingham, AL; Karen Ratliff-Schaub, MD, Prisma Health and University of South Carolina School of Medicine, Greenville, SC; Kimberlly Stringer, MD, University of Alabama, Birmingham, AL; Kat Johnson, DNP, ARNP, FNP-BC, C-PMHS, Yellow Brick Clinic, Seattle, WA

Brief Description:

The 21st Century Cures Act currently mandates that a majority of clinical documentation be made available to the patient and/or legal guardian (“Open Notes”). What does this mean for you, the DBP clinician, and how can you best prepare to embrace this new era of information availability while reducing documentation burden, strengthening the patient-provider relationship, and mitigating potential harm? Join us for an interactive, collaborative workshop where we navigate this important topic together so we can all take full advantage of Open Notes to improve patient care, communication, and confidence.

Keywords: **Clinical**, **Ethics**

Workshop H: Working With Youth of Color Experiencing Mood Disorders and Suicide Risk: Knowledge Update and Best Practices

Celia Neavel, MD, FAAFP, FSAHM, People's Community Clinic, Austin, TX; Lauren Gulbas, PhD, University of Texas at Austin, Austin, TX; Sasha Jaquez, PhD, Dell Children's Medical Center/Dell Medical School at University of Texas at Austin, Austin, TX

Brief Description:

Vulnerable youth of color frequently have multiple co-morbidities and developmental challenges requiring holistic, patient-centered approaches when suicide risk is present. Acknowledging this difficult topic, presenters will engage attendees with latest research and non-pharmacologic interventions. Didactic information is presented with interactive discussion, followed by skill development in screening for depression and suicide risk, and implementing practical in-office approaches for mild/moderate risk youth. Small group role play will give participants a chance to think creatively about making positive differences in lives of patients. Youth perspectives will be integrated into the workshop. Tools, resources, and importance of self-care will be highlighted.

Keywords: **Advocacy**, **Clinical**, **Education**, **Ethics**, **Research**

Workshop I: The Kids Are Not All Right: Advocating for Equitable Outcomes Post-COVID using a Medical-Legal-Educational Advocacy Toolkit

Robert Keder, MD, Connecticut Children's Medical Center /University of Connecticut, Farmington, CT; Jenna Wallace, PsyD; Claire Baniak, PsyD, West Virginia School of Medicine, Morgantown, WV; Annie Berens, MD, MSc, MA, Stanford University, Stanford, CA; Jennifer Cervantes, MSW, Dinah Godwin, MSW, LCSW, Baylor College of Medicine/Texas Children's Hospital, Houston, TX; Shruti Mittal, MD, Atrium Health, Concord, NC; Hannah Perrin, MD, University of California, San Francisco (UCSF) School of Medicine, San Francisco, CA; Lisa Spector, MD, Nemours Children's Hospital, Orlando, FL; Marisa Toomey, MD, University of Kentucky Medical School/Kentucky Children's Hospital, Lexington, KY; Kate Wallis, MD, Children's Hospital of Philadelphia/University of Pennsylvania, Philadelphia, PA; Bonnie Roswig, JD, Center for Children's Advocacy, Hartford, CT

Brief Description:

The impact of COVID-19 continues to be profound, especially for children with developmental disabilities. This workshop takes a medical-legal approach to educational advocacy to ensure equitable patient outcomes at the local/individual levels. Trainees/practicing professionals in DBP-related fields are invited to participate in skill-building case scenarios utilizing an ecosystems-based framework to approach the intersectionality of special education law and social inequalities. Attendees will analyze/process COVID-19's impact on patient access to services and appropriate educational planning. Our keynote speaker is Bonnie Roswig, JD, who will discuss the role of DB professionals working within medical-legal partnerships to advocate for patient educational rights.

Keywords: **Advocacy**, **Clinical**, **Education**, **Ethics**